Troy's Italian Kitchen

Item can be made gluten-free, vegetarian, or vegan.

|  | ITEM | CLATMS |  |  | Allergens |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Gluten-Free | Vegetarian | Vegan | Eggs | Soy | Nuts | Milk |
|  |  |  |  |  |  |  |  |  |
| APPETIZERS | Cheese Bread | * | $\mathbf{x}$ | X |  | X |  | X |
|  | Vegan Cheese Bread | * | X | X |  |  |  |  |
|  | Fried Mac and Cheese Bites |  | X |  |  | X |  | X |
|  | Fried Ravioli |  | X |  | X | X |  | X |
|  | Vegan Garlic Knots |  | X | X |  |  |  |  |
|  | Garlic Knots |  | X |  |  | X |  | X |
|  | Jalapeno Poppers |  | X |  |  | X |  | X |
|  | French Fries | X | X | X |  | X |  |  |
|  | Mozzarella Sticks |  | X |  |  |  |  | $\mathbf{X}$ |
|  | Side Meatballs |  |  |  | X | X |  | X |
|  | Spinach Feta Triangles |  | X |  |  | X |  | X |
|  | Waffle Fries |  | X | X |  | X |  |  |
|  |  |  |  |  |  |  |  |  |
| SALADS | Caesar Salad | * |  |  | X | $\mathbf{X}$ |  | X |
|  | Caprese Salad | X | X |  |  | X |  | X |
|  | Gourmet Salad | X | X | * |  | X | X | X |
|  | Greek Salad | X | X | * |  | X |  | X |
|  | Italian House Salad | * | X | X |  | X |  |  |
|  | Spinach Salad | * | X | * |  | X | X | X |
|  |  |  |  |  |  |  |  |  |
| WINGS | Jumbo Wings | X |  |  |  | X |  |  |
|  | Vegan Wings | X | X | X |  | X |  |  |
|  |  |  |  |  |  |  |  |  |
| PIZZAS | Margherita | * | X | * |  |  |  | X |
|  | Italian | * |  |  |  |  |  | X |
|  | La Tropicana | * |  |  |  |  |  | X |
|  | Four Cheese | * | X |  |  |  |  | X |
|  | Vegetarian | * | X | * |  |  |  | X |
|  | Chicken Pesto | * |  |  |  | X |  | X |
|  | Sicilian | * |  |  |  |  |  | X |
|  | Prima | * | X |  |  | X |  | X |
|  | Roma | * |  |  |  |  |  | X |
|  | Chicken Tikka Masala | * |  |  |  |  |  | X |
|  | Asiago Cheese Steak |  |  |  |  | X |  | X |
|  | Buffalo Chicken | * |  |  |  | X |  | $\mathbf{X}$ |
|  | BBQ Chicken | * |  |  |  |  |  | X |
|  | Troy's Supreme | * |  |  | X | X |  | X |
|  | Vegan Pizza | * | X | X |  |  |  |  |
|  | Vegan BBQ Chicken Pizza | * | X | X |  | X |  |  |
|  | Vegan Buffalo Chicken Pizza | * | X | X |  | X |  |  |
|  | Vegan La Tropicana Pizza | * | X | X |  | X |  |  |
|  | Vegan Chicken Tikka Masala | * | X | X |  | X |  |  |
|  |  |  |  |  |  |  |  |  |
| CALZONES | 3 Toppings Calzone |  | X | * |  | $\mathbf{X}$ |  | $\mathbf{X}$ |
|  | Prima |  | X |  |  | X |  | X |
|  | Meatball |  |  | * | X | X |  | X |
|  | Italian |  |  |  |  | X |  | X |
|  |  |  |  |  |  |  |  |  |
| PASTAS | Spaghetti \& Meatballs Meat Sauce |  |  |  | X | X |  | X |
|  | Spaghetti in Meat Sauce |  |  |  | X | X |  | X |
|  | Gluten-Free Fettuccine Alfredo | X | X |  |  |  |  | X |
|  | Gluten-Free Chicken Parmesan | X |  |  |  | X |  | X |
|  | Gluten-Free Spaghetti Marinara | X | X | * |  |  |  | X |
|  | Chicken Parmesan Pasta |  |  |  |  | X |  | X |
|  | Fettuccine Alfredo |  | X |  |  | X |  | X |
|  | Fettuccine Alfredo with Shrimp |  |  |  |  | X |  | X |
|  | Fettuccine Alfredo with Chicken |  |  |  |  | X |  | X |
|  | Spaghetti Marinara |  | X | * |  |  |  | X |
|  | Spaghetti \& Meatballs |  |  |  | X | X |  | X |

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|  |  | Cluten-Free | Vegetarian | Vegan | Eggs | Soy | Nuts | Milk |
|  | Beef Lasagna |  |  |  | X | X |  | X |
|  | Manicotti Quattro Formaggio |  | X |  | X |  |  | X |
|  | Baked Ziti | * | X |  |  |  |  | X |
|  | Vegan Chick'n Parmesan |  | X | X |  | X |  |  |
|  | Vegan Spaghetti \& Meatballs |  | X | X |  | X |  |  |
|  |  |  |  |  |  |  |  |  |
| SANDWICHES | Chicken Cheesesteak |  |  |  | $\mathbf{X}$ | X |  | X |
|  | Turkey |  |  |  | X | X |  | X |
|  | Steak \& Cheese |  |  |  | X | X |  | X |
|  | Meatballs |  |  |  | X | X |  | $\mathbf{X}$ |
|  | Prima |  | X |  |  | X |  | X |
|  | Chicken Parmesan |  |  |  |  | X |  | X |
|  | Chicken Caesar |  |  |  |  | X |  | X |
|  | Chicken Paradiso |  |  |  |  | X |  | X |
|  | Italian |  |  |  |  | X |  | X |
|  | Vegan Chick'n Parmesan Sandwich |  | X | X |  | X |  |  |
|  | Vegan Meatball Marinara Sandwich |  | X | X |  | X |  |  |
|  |  |  |  |  |  |  |  |  |
| WRAPS | Chicken Caesar Wrap |  |  |  | $\mathbf{X}$ |  |  | $\mathbf{X}$ |
|  | Gyro Wrap |  |  |  |  |  |  | X |
|  | Shrimp Pesto Wrap |  |  |  |  |  |  | $\mathbf{X}$ |
|  |  |  |  |  |  |  |  |  |
| DIPS/SAUCES | Alfredo Sauce |  | X |  |  | $\mathbf{X}$ |  | $\mathbf{X}$ |
|  | GF Alfredo Sauce | X | X |  |  |  |  | X |
|  | Balsamic Vinaigrette | X | X | X |  | X |  |  |
|  | BBQ Sauce | X | X | X |  |  |  |  |
|  | Blue Cheese Dressing | X | X |  | X | X |  | X |
|  | Caesar Dressing | X |  |  | X | X |  | X |
|  | Fresh Garlic | X | $\mathbf{X}$ | $\mathbf{X}$ |  |  |  |  |
|  | Garlic Butter/Garlic Sauce | X | X |  |  | X |  | X |
|  | Gochujang Sauce | X | X | X |  | X |  |  |
|  | Hot Buffalo Sauce | X | X | X |  |  |  |  |
|  | Marinara | X | X | X |  |  |  |  |
|  | Mayo | X | X |  | X | X |  |  |
|  | Mild Buffalo Sauce | X | X | X |  | X |  |  |
|  | Mumbo Sauce | X | X | X |  | X |  |  |
|  | Pesto | X | X |  |  |  |  | X |
|  | Ranch | X | X |  | X | X |  | X |
|  | Tikka Masala Sauce | X | X | X |  |  |  |  |
|  | Vegan Blue Cheese Dressing | X | X | X |  | X |  |  |
|  | Vegan Ranch | X | $\mathbf{X}$ | X |  | X |  |  |
|  |  |  |  |  |  |  |  |  |
| MEAT | Grilled Chicken | X |  |  |  |  |  |  |
|  | Breaded Chicken |  |  |  |  | X |  | X |
|  | Chicken Steak | X |  |  |  | X |  |  |
|  | Gluten-Free Breaded Chicken | X |  |  |  | X |  |  |
|  |  |  |  |  |  |  |  |  |
| TOPPINGS - MEATS | Bacon | X |  |  |  |  |  |  |
|  | Chicken | X |  |  |  |  |  |  |
|  | Ham | X |  |  |  |  |  |  |
|  | Meatball |  |  |  | X | X |  | X |
|  | Pepperoni | X |  |  |  |  |  |  |
|  | Prosciutto | X |  |  |  |  |  |  |
|  | Sausage | X |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| TOPPINGS - VEGAN MEATS | Vegan Bacon |  | X | X |  | $\mathbf{x}$ |  |  |
|  | Vegan Chicken | X | X | X |  | X |  |  |
|  | Vegan Ham | X | X | X |  | X |  |  |
|  | Vegan Meatball |  | X | $\mathbf{X}$ |  | $\mathbf{X}$ |  |  |

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## DISCLAIMER

While we require all suppliers to have allergen controls in place, we can't be absolutely certain there is no risk of cross-contamination. Packaged branded products which may contain nuts are clearly labelled.
Our store is also a busy working environment, meaning there is always some risk of cross-contamination.

